

EGSC Student Athlete Handbook Substance Abuse Policy

Adopted by President's Cabinet 12/11/15

Students participating in EGSC intercollegiate athletics enjoy a privilege, not a right, to represent the college. Violations of college policies and rules and violations of the law could result in expulsion from the team and/or the college. Because of the fundamental importance of maintaining drug-free athletics competition, and the grave danger that substance abuse poses, substance abuse on the part of student-athletes (or any member of the East Georgia State College student body) will be viewed as a most serious violation of the student code of conduct.

Drug Education and Testing Program

Drug Education The EGSC Athletic Department is committed to making every effort to prevent the use of illegal drugs by its student-athletes and educate athletes about the dangers of drug use and abuse. Therefore, athletes are required to attend a series of drug education workshops during the regular academic year. The workshops inform the athlete about the EGSC Substance Abuse Policy and review the testing process and sanctions, NJCAA policy, EGSC Student-Athlete Handbook, and the EGSC student disciplinary process. Athletes are provided copies of all relevant policy and educational materials. Athletes that fail to attend the mandatory sessions will be subject to disciplinary action by the Head Coach or Athletic Director.

Each individual covered under the policy is asked to sign a "Drug-Testing Consent" form at the Drug Education Seminar. Students under 18 years of age must obtain his or her parent or legal guardian's signature. This form states that the student understands the drug testing program and is aware that his/her urine may be submitted for testing and voluntarily consents to testing for prohibited substances. This is also consent for release of information to a limited number of individuals responsible for the administration of this program. (See Attachment- "A"-East Georgia State College Drug Testing Consent Form).

Drug Testing and the Purpose of Drug Testing The high profile status of student-athletes and the scrutiny given athlete's calls for a standard procedure covering drugs and drug abuse that is consistent with the example expected of student-athletes. The athletic administration and staff are directed to communicate this standard and level of expectation to each student-athlete.

While the Department makes an effort to educate students concerning the dangers of drug abuse, drug testing is conducted not only to give students an additional reason to say "no," but also to identify any student-athlete who is using prohibited substances. Drug testing ensures that students are medically competent to participate in intercollegiate athletics, to minimize his/her risk of being injured, and minimize the risk of injury to others.

Athletes taking prescription medications should register the details of use with Athletic Trainer. This is necessary to determine medical qualification to participate in the sport and to communicate the possibility that the prescription drug will result in a positive drug test.

Coverage: Student athletes, student athletes who are academically ineligible, student assistants in the athletic department and student managers are covered under this policy.

Random Selection: Students will be randomly selected periodically during the Fall, Spring and Summer semesters to provide a urine sample for drug testing. The Athletic Director will manage the drug testing process. Testing will be conducted by a third party medical provider. The Athletic Director will provide a current team roster for each intercollegiate athletic squad to the testing provider. The testing provider's computer randomly selects students to be tested from the current roster, and the Athletic Director notifies the student/athlete that he/she has been selected. Students/athletes selected randomly for testing will be given "no more than 24 hours' notice to testing". (See Attachment- "B"-East Georgia State College Drug and Alcohol Testing Program Student/Athlete Notification Form).

Reasonable Suspicion: Any student participating in the intercollegiate athletic program is subject to reasonable suspicion testing if there is reason to believe the student may be using banned substances or prohibited drugs. Reasonable suspicion includes, but is not limited to, the following:

- a. current or past involvement with the criminal justice system for drug or alcohol related activities
- b. prior treatment for drug or alcohol problems
- c. admission of a current drug or alcohol problem
- d. prior positive test for any banned substances
- e. physiological signs of possible impairment from drugs or alcohol
- f. a pattern of aberrant behavior (e.g. increase/decrease in weight in a short period of time, increase in absence from class or athletic activities, increase in injury rate, mood swings, etc.)
- g. observed possession or use of substance or use of substances appearing to be prohibited drugs.

Any coach, athletic administrator or athletic staff member concerned with a particular student should express this information confidentially to either the Athletic Director or Athletic Trainer and complete the East Georgia State College Department of Athletics Drug Testing Reasonable Suspicion Reporting Form (Attachment- "C"). The Athletic Director will review the form, meet with the student and make a determination to uphold or deny reasonable suspicion that the student is under the influence of alcohol or drugs. If the Athletic Director completes the form based on his/her observations, the Counselor will review the form, meet with the student and make a determination to uphold or deny reasonable suspicion that the student is under the influence of alcohol or drugs. These individuals are available to all athletic personnel to explain further the signs that may point to the need for reasonable suspicion testing. All athletic personnel are required to participate in regular drug education workshops concerning common signs and symptoms associated with drug use and abuse.

Pre-Season Screening: Student/athletes are subject to pre-season drug testing and may be notified of such by the Athletic Director or his/her designee at any time prior to their first competition.

Testing Procedures: Students will provide urine samples using the urine collection guidelines on Attachment "D". Students that refuse to provide a sample for testing or fail to show for a scheduled drug testing will be considered to have a positive test. Students selected for testing will report to the EGSC locker room with photo ID. The student will complete a form in the presence of an athletic staff member disclosing all medications (prescription and over the counter) as well as beta 2 antagonists, caffeine, nutritional and dietary supplements that he/she is taking. The test will then be conducted in the EGSC locker room / restroom and collected with the assistance of a same gender EGSC staff member instructed in collection techniques by the third party medical provider. Each sample will be coded to protect confidentiality.

Re-entry Testing: A student/athlete who has had his or her eligibility to participate in intercollegiate Sports suspended as a result of a drug and alcohol violation may be required to undergo re-entry drug and/or alcohol testing prior to regaining eligibility. The Athletic Director or his/her designee shall arrange for re-entry testing after the counselor or specialist involved in the student/athlete's case indicates that re-entry into the intercollegiate sports program is appropriate.

Follow-up testing: A student/athlete who has returned to participation in intercollegiate sports following a positive drug test under the policy may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Athletic Director or his/her designee in consultation with the counselor or specialist involved in the student/athlete's case.

Manipulation of Sample: Any attempt to substitute, manipulate, adulterate or intentionally dilute a urine specimen will be treated as a positive drug test. Manipulation refers to the use of any product, including excessive water consumption, used for the purpose of providing a dilute urine sample or substitution of a urine sample. Adulteration refers to the use or attempted use of any chemical or product (including water) added directly to the urine sample for the purpose of interfering with the testing procedures used to identify the presence of drugs.

Prohibited Substances as Defined in This Policy:

The substances or classes of substances listed on Attachment "E" are prohibited substances. The presence of other drugs (local anesthetics, prescription medications, over the counter medications, etc.) as well as beta 2 antagonists, caffeine if exceeds specific concentration, and nutritional and dietary supplements will affect test results and should be disclosed by the student.

Supplements

Policy Statement on Use of Supplements

It is noted that the East Georgia State College Athletic Department does not condone the use of dietary supplements. See Attachment – "E": "NCAA Nutritional and Dietary Supplement Warning." The EGSC stance on dietary supplements is that student-athletes should be advised that the most effective and safest way to enhance their performance is to avoid dietary/nutritional supplement products and rely on a combination of healthy diet, appropriate conditioning, rest and recovery, and avoid substance abuse.

Student-athletes should always bring all supplement products to the designated athletic staff before using. The student must disclose the supplement used or proposed to be used to the EGSC Athletic Trainer including its brand name and ingredients. See Attachment- "F": Student-Athlete Dietary Disclosure and Review Form.

Products labeled as dietary supplements sold over the counter, in print advertisements and through the internet are under-regulated by the U.S. FDA. Dietary supplements are at risk of contamination or may include ingredients that are banned under your drug testing policy. Student-athletes have tested positive and lost their eligibility using dietary supplements. Any product containing dietary supplement ingredients is taken at the student-athlete's own risk.

Classification of a Positive Drug Test

If a student-athlete tests positive, their medical record will be reviewed at that time to determine whether any medications (prescription and/or over-the-counter) or dietary supplement may have caused the positive test. In this event, the Athletic Director and Athletic Trainer would consult with the appropriate personnel (prescribing physician, toxicologist) to confirm whether the use of the medication or dietary supplement was appropriate and used properly in the correct dosage. If so, this would be considered a "medical exception". Absent a medical explanation the test is considered positive. If possible, testing is quantified in order to ascertain the exact amount of the prohibited substance in the student's urine. A

forensic toxicologist may be utilized as a technical resource to clarify any questions pertinent to the follow-up positive test result.

Notification to Student Athlete

The third party medical provider will share test results with the Athletic Director. The Athletic Director will promptly notify the student in writing with an acknowledgement form for the student/athlete to sign stating that he/she has been notified of the positive test result (See Attachment –“G”-East Georgia State College Student/Athlete Acknowledgement/Notification of a Test Positive of a Drug/Alcohol Test). The student may, within 5 days of the receipt of this notification, request a meeting with the Athletic Director to contest the positive test, discuss the situation, to review the testing procedures used, and to provide any pertinent facts or mitigating circumstances, including medical justification for the use of a prohibited substance. All requests for a meeting must be in writing. A meeting with the Athletic Director or his designee will occur as soon as is reasonably possible following the written request.

Test results are confidential and may be shared with specific additional individuals at EGSC whose job responsibilities require involvement in the substance abuse program (i.e. Director of Student Conduct, Counselor, etc.) EGSC employees who release this information to others or allude publicly to any information concerning the test are subject to discipline including termination.

If, as a result of meeting with the Athletic Director, it is determined that the results were based on a defective testing procedure, or that the positive test was otherwise improper, no record of the positive test results is kept.

If the student does not request a meeting with the Athletic Director to challenge the positive test result within the five days; or if the test results after consideration, are determined to be indisputable the matter will be referred to the Director of Student Conduct and/or the Head Coach.

Consequences of a Positive Test

Students that violate this policy will be referred for disciplinary action as follows:

1. Students that test positive for illegal drugs will be referred to the Director of Student Conduct and may face sanctions as provided in the Code of Conduct. Students may also face disciplinary action as provided in the Student Athlete Handbook Code of Conduct; and
2. Students that test positive for prohibited substances as defined in this policy that are not illegal will be referred to the Head Coach for disciplinary action as provided in the Student Athlete Handbook Code of Conduct.
3. Students who test positive that are over the age of 18 will not have his/her parent's or legal guardians notified of test results. Students who are under the age of 18 will have their parent's or legal guardians notified of test results.

Students are advised that because many of the prohibited substances are also classified as illegal, involvement in the criminal justice system for a drug-related offense will be taken into account by EGSC.

Student sanctions may include active participation in drug assessment, counseling and/or a treatment program designated by the Athletic Director and the Director of Student Conduct. Failure to participate in the specified program results in continued suspension. Participation is monitored by the Head Coach.

Students are advised that positive drug test results may also result in the loss or non-renewal of your athletic grant-in-aid.

SELF REPORT SAFE HARBOR:

A student-athlete may self-refer to the Athletic Director for voluntary evaluation and counseling. A student-athlete is not eligible for services under this section if the student self refers after notification of an impending drug test or after receiving notice of a positive EGSC drug test. EGSC will work with the student-athlete to prepare a treatment plan, which may include confidential drug testing. If the student-athlete tests positive for a banned substance upon the initial self-report, that positive test will not result in any administrative sanction. The Athletic Trainer may suspend the student-athlete from play or practice if medically indicated. A student-athlete will be permitted to remain in the treatment plan up to thirty (30) days. A student-athlete will not be permitted to take advantage of services under this provision if he/she self-reports thirty (30) days prior to NJCAA or Conference postseason competition. While in compliance with the treatment plan, the student-athlete will not be included in the list of students eligible for random drug testing by EGSC. The Athletic Director, Athletic Trainer, the student-athlete's Head Sport Coach and the Team Physician may be informed of the student's participation in the treatment plan. The assistant coach also may be informed. Other college employees may be informed only to the extent necessary for the implementation of this policy.

If a student-athlete tests positive on a second test for any banned substance after entering the treatment plan or fails to comply with the treatment plan, the student-athlete will be removed from the safe harbor program. The initial positive test will be treated as a first positive and the second positive will result in action consistent with a second offense.

Attachment A

Drug Testing Consent Form

Please complete and return to Athletic Department or Head Coach

Student Name:

Student ID#

 Street Address

Apt#

 City

State

Zip Code

 Home Telephone

Cell

Other

I have read and I understand East Georgia State College's "Policy on Substance Abuse and Drug Testing" and by signing this form I agree to abide by the terms of the policy, and I hereby agree to EGSC Drug Testing Policy, and I consent to be tested for controlled drugs and substances as required by the policy.

I further more agree that refusal to submit to testing as required by the EGSC Drug Testing Policy will subject me to dismissal from the team.

 Student Athletes Signature

 Date

 Parent/Guardian Signature (if minor)

 Date

Attachment B

East Georgia State College Drug and Alcohol Testing Program Student-Athlete Notification Form

Student-Athlete: _____

Student ID: _____ Sport: _____

Date of Notification: _____ Time of Notification: _____ am/pm

I, _____, the undersigned:

Student/Athlete

Acknowledge being notified to appear for institutional drug and alcohol testing and have been notified to report to the drug and alcohol testing station at:

_____, on _____ at or before _____ am/pm

I will be prepared to provide an adequate urine specimen and will not over hydrate. I understand that providing numerous diluted specimens may be cause for follow-up drug testing.

I understand that I may have a witness accompany me to the drug and alcohol testing site.

I understand that failure to appear at the site on or before the designated time will constitute a withdrawal of my previous consent to be tested as part of the Institutional Drug and Alcohol Testing Consent and failing to appear will result in a no show "test positive".

By signing below, I acknowledge being notified of my participation in institutional drug and alcohol testing, and I am aware of what is required of me in participation for this drug and alcohol testing event.

Signature: _____ Date: _____

Student-Athlete

I can be reached at the following telephone number on test day: _____

Institutional Representatives retain top portion of completed forms

East Georgia State College Drug and Alcohol Testing Program

Student-Athlete: _____

Location of Test: _____ Date of Test: _____ Report Time: _____

Attachment C
**East Georgia State College Department of Athletics Drug Testing Reasonable
 Suspicion Reporting Form**

I, _____, under the reasonable suspicion clause that is

 Staff Name
 outlined in the East Georgia State College Drug Education and Drug Testing Policy, report the
 following objective sign(s), symptom(s) or behavior(s) that I reasonably believe warrant

 Student-Athlete
 being referred to the Athletic Director or his/her designee for

possible drug testing. The following sign(s), symptoms(s) or behaviors(s) were observed by me over
 the past _____ hours and/or _____ days.

Please Check Below All That Apply:

The Student/Athlete has shown:

<input type="checkbox"/> irritability	<input type="checkbox"/> loss of temper
<input type="checkbox"/> poor motivation	<input type="checkbox"/> failure to follow directions
<input type="checkbox"/> verbal outburst	<input type="checkbox"/> physical outburst
<input type="checkbox"/> emotional outburst	<input type="checkbox"/> weight gain
<input type="checkbox"/> weight loss	<input type="checkbox"/> sloppy hygiene and/or appearance

The Student-Athlete has been:

late for practice
 late for class
 not attending class
 receiving poor grades
 staying up too late
 missing appointments
 missing/skipping meals

The Student-Athlete has demonstrated the following:

dilated pupils
 constricted pupils
 red eyes
 smell of alcohol
 smell of marijuana
 staggering or difficulty walking
 constantly running and/or red nose
 over stimulated or "hyper"
 excessive talking
 withdrawn
 periods of memory loss
 slurred speech
 recurrent motor vehicle accidents or violations
 recurrent violations of student code of conduct policy

Attachment C (continued)

Other specific objective findings include:

Signature:

Name of Staff

Signature of Staff

Date

Received By:

Athletic Director/Designee

Date

Name of Counselor Consulted

Date

___ **Reasonable Suspicion Upheld**

___ **Reasonable Suspicion Denied**

Attachment D

Urine Guidelines for Clients (Drug Free Sport, Inc.)

- 1. Only those persons authorized by the institution will be allowed in the collection room.**
- 2. When arriving to the collection room, the student-athlete will provide photo identification or a client representative will need to identify the student-athlete. The student-athlete will then print his or her name and arrival time on the Roster Sign-In Form.**
- 3. The student-athlete will select a Custody & Control Form (CCF) from a supply of such and work with the institutional collector to complete the necessary information before proceeding with the specimen collection process.**
- 4. The student-athlete will select a specimen collection beaker from a supply of such and will be escorted by the institutional collector (same gender) to the restroom to provide a specimen. The student-athlete will rinse his/her hands with water (no soap) and then dry their hands. Then the student-athlete will place a specimen barcode from the Custody & Control Form into the beaker.**
- 5. The institutional collector will directly observe the furnishing of the urine specimen to assure the integrity of the specimen.**
- 6. The student-athlete will be responsible for keeping the collection beaker closed and controlled.**
- 7. Fluids and food given to the student-athletes who have difficulty voiding must be from sealed containers (approved by the institutional collector), opened and consumed in the collection room. These items must be free of any other banned substances.**
- 8. If the specimen is incomplete, the student-athlete must remain in the collection room until the sample is completed. During this period, the student-athlete is responsible for keeping the collection beaker closed and controlled.**
- 9. If the specimen is incomplete and the student-athlete must leave the collection room for a reason approved by the institutional collector, the specimen must be discarded.**
- 10. Upon return to the collection room, the student-athlete will begin the collection procedure again.**
- 11. Once an adequate volume specimen is provided: the institutional collector will escort the student-athlete to the specimen processing table.**
- 12. The specimen processor will instruct the student-athlete to closely observe the specimen processing steps and will then measure the specific gravity.**
- 13. If the urine has a specific gravity below 1.005, no value will be recorded on the CCF and the specimen will be discarded by the student-athlete with the institutional collector observing. The student-athlete must remain in the collection room until another specimen is provided. The student-athlete will provide another specimen.**

- 14. Once the specimen processor has determined the specimen has a specific gravity above 1.005 the sample will be processed and sent to the laboratory.**
- 15. If the laboratory determines that a student-athlete's sample is inadequate for analysis, at the client's discretion, another sample may be collected.**
- 16. If a student-athlete is suspected of manipulating the specimens (e.g., via dilution, substitution), the institutional collector will collect another specimen from the student-athlete.**
- 17. Once a specimen has been provided that meets the on-site specific gravity, the student-athlete will select a sample collection kit from a supply of such.**
- 18. The specimen processor will open the kit, demonstrate to the student-athlete the vials are securely sealed, open the plastic and open the A vial lid. The processor will pour the urine into the A and B vials and close the lids. The specimen processor should pour urine into vials above the minimum volume level (35mL in A vial: 15mL in B vial) and pour as much urine as possible into the vials using care not to exceed the maximum levels (90mL in A vial: 60mL in B vial).**
- 19. The specimen processor will securely close the lids on each vial and then seal each vial using the vial seals attached to the CCF; assuring seals are tightly adhered to the vials with no tears or loose areas.**
- 20. The specimen processor must then collect all necessary signatures (collector, donor, witness, and collector/specimen processor) and dates/times where indicated on the CCF.**
- 21. The specimen processor will place the laboratory copy of the CCF in the back pouch of the plastic bag and the vials in the front pouch of the same bag. The bag should then be sealed. The sealed bag with vials will then be placed in the sample box. The box will then be sealed.**
- 22. The student-athlete is then released by the institutional collector.**
- 23. All sealed samples will be secured in a shipping case. The collector will prepare the case for forwarding. When two split samples are collected and packaged, care must be taken to assure one sample is placed in the shipping container for shipment to the "drug of abuse" laboratory and one sample is placed in the shipping container for shipment to the "anabolic steroids" laboratory.**
- 24. After the collection has been completed, the samples will be forwarded to the appropriate laboratory and copies of any forms forwarded to the Sport Drug Testing Department.**
- 25. The samples then become the property of the client.**
- 26. If the student-athlete does not comply with the collection process, the institutional collector will notify the appropriate institutional administration and Drug Free Sport.**

**I, _____ will provide urine samples using urine collection
Student-Athlete
guidelines on Attachment D.**

Attachment E

2015-2016 NCAA Banned Drugs

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

The NCAA bans the following classes of drugs:

1. Stimulants.
2. Anabolic Agents.
3. Alcohol and Beta Blockers (banned for rifle only).
4. Diuretics and Other Masking Agents.
5. Street Drugs.
6. Peptide Hormones and Analogues.
7. Anti-estrogens; and
8. Beta-2 Agonists.

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:

1. Blood and Gene Doping.
2. Local Anesthetics (under some conditions).
3. Manipulation of urine samples.
4. Beta-2 Agonists permitted only by prescription and inhalation.
5. Caffeine if concentrations in urine exceed 15 micrograms/ml.

NCAA/ Nutritional/Dietary Supplements Warning:

Before consuming any nutritional/dietary supplement products, review the product with the appropriate or designated athletics department staff!

1. Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
2. Student-athletes have tested positive and lost their eligibility using dietary supplements.

Attachment E (continued)

3. Many dietary supplements are contaminated with banned drugs not listed on the label.
4. Any product containing a dietary supplement ingredient is **taken at your own risk**.

Note to Student-Athletes: There is no complete list of banned substances. Do not rely on this list to rule out any supplement ingredient.

Check with your athletics department staff prior to using a supplement.

Some Examples of NCAA Banned Substances in Each Drug Class:

1. Stimulants:

Amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin); phentermine (Phen); synephrine (bitter orange); methylhexanamine, "bath salts" (mephedrone) etc.

Exceptions: phenylephrine and pseudoephedrine are not banned.

2. Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione):

Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; ostarine, stanozolol; stenbolone; testosterone; trenbolone; etc.

3. Alcohol and Beta Blockers (banned for rifle only):

Alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc. 2014-15 NCAA Banned Drugs Page No. 3 www.ncaa.org/ama/All Administrators/Samble, Jennifer/DIII 2014-15 Banned Drugs Educational_JNS:sr_060314

4. Diuretics (water pills) and Other Masking Agents:

Bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

5. Street Drugs:

Heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073)

6. Peptide Hormones and Analogues:

Growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

7. Anti-Estrogens :

Anastrozole; tamoxifen; formestane; ATD, clomiphene etc.

8. Beta-2 Agonists:

Bambuterol; formoterol; salbutamol; salmeterol; etc.

Additional examples of banned drugs can be found at www.ncaa.org/drugtesting.

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the **Resource Exchange Center 877/202-0769** or **www.drugfreesport.com/rec** password **ncaa1, ncaa2** or **ncaa3**.

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

Attachment F

**East Georgia State College
Student-Athlete Dietary Supplement Disclosure and Review Form**

I, _____, am taking or intend to take the following dietary
Student-Athlete

supplements. I acknowledge the risk of losing my eligibility to participate in intercollegiate athletics if I test positive for an East Georgia State College banned substance that may be found in any substance that I take, regardless of the reason or purpose for taking such supplements.

I acknowledge and understand that the labeling of these products can be misleading and inaccurate, and that sales personnel are neither motivated nor qualified to accurately certify that these products contain no banned substances. "Healthy" or "naturally occurring" are terms often used to market sales of dietary supplements, but do not necessarily mean they are safe.

Before taking or using any dietary supplement, I am responsible for ensuring the product does not contain any banned substances. By making this disclosure, I am requesting that these products and their ingredients be reviewed by East Georgia State College's sports medicine staff for the purposes of determining whether they are medically safe to use and do not contain banned substances. I understand that I should not take or use these products until their usage has been reviewed by East Georgia State College's sports medicine staff.

By signing the Policy Consent Form, the student-athlete:

1. Acknowledges that he/she understands that they are to disclose all dietary supplements used to the head trainer;
2. Acknowledges the aforementioned policies and statements, and fully accepts the detrimental and possibly permanent defects caused by the use of dietary supplements.
3. Fully accepts that they have been made aware of the East Georgia State College policies with regard to the use of dietary supplements;
4. Accepts any and all liability if they have in the past used, continue to use, and/or use at any time in the future, dietary supplements in any form; and releases East Georgia State College, its agents, and all personnel of any and all responsibility and liability related to such use.

Students using dietary supplements must disclose the supplement to the East Georgia State College Athletic Trainer, including its brand name and listed ingredients.

Brand Name:

Listed Ingredients

Athletic Trainer to review and circle banned substances and notify student-athlete

1) _____

3) _____

Signatures:

Student-Athlete

Date

Athletic Trainer

Date

Attachment G

**East Georgia State College Student/Athlete Acknowledgement Notification
of a Test “Positive” of a Drug/Alcohol Test**

Student-Athlete: _____

Student ID: _____

Sport: _____

Date of Notification of Positive Test: _____

Time of Notification of Positive Test: _____ a.m./p.m.

I, _____, the undersigned
Student-Athlete

Acknowledge being notified of a test “positive” of a drug/alcohol test result at:
_____, on _____ at
_____ a.m./p.m.

Signature: _____ **Date:** _____
Student-Athlete

Signature: _____ **Date:** _____
Athletic Director

Signature: _____ **Date:** _____
Counselor/Head Coach/Director of Student Conduct