SEPTEMBER 2015

OUR MISSION
By providing an environment where learning opportunities take place and community relationships are enriched, the Sudie A. Fulford Community Learning Center will develop individual capacity and improve the quality of life for Swainsboro and Emanuel County.

OUR GOALS
Education
Civic Engagement
Hospitality

MESSAGE FROM THE DIRECTOR
We have a very busy September schedule!
In addition to an array of trainings and workshops for various agencies, we will be hosting our third installment of the Diabetes Total Wellness Series on September 10. This session focuses on the link between diabetes and heart disease. We will also be a part of the annual EGSC Parent/Family/Alumni Day festivities on October 1. For specific information on any of these activities or to schedule an event, please give us a call.

We hope to see you soon!

JEAN D. SCHWABE,
DIRECTOR

FULFORD CENTER STAFF
Jean Schwabe, Director
Erin Youmans, Magnolia Midlands
GYSTC Coordinator
Tammy Darden, Administrative Assistant
Malanie Jackson, Work Study Student

Phone: 478.289.2464
Fax: 478.289.2465
Email: jdschwabe@ega.edu
Normal Hours of Operation
Monday - Friday, 8 a.m. – 5 p.m.
Other times by appointment

LEAVE A LEGACY
When you are honoring or memorializing family and friends, please consider making a donation to the Sudie A. Fulford Community Learning Center through the East Georgia State College Foundation. The Foundation is a 501(c)3 non-profit organization. All gifts are tax deductible to the extent approved by law. Contact Elizabeth Gilmer at 289-2037 for more information.

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DIABETES TOTAL WELLNESS: PART 3 TO BE HELD

Diabetes affects more than 8 percent of the U.S. population, and heart attack is the most common cause of death in people with diabetes. Taking care of one’s diabetes and the conditions that come with it can help lower chances of heart disease. On Thursday, September 10, the Fulford Center will host “Risk Control for Heart Attack and Stroke”, Part 3 of the Diabetes Total Wellness Series. There is no cost to participate, and enrollment is limited to 20. Lunch will be served at noon, and the presentation will follow. Pre-registration is required and may be made by calling the Center at 289-2464.

MATH REVIEW: September 21-24
CRITICAL READING/WRITING/VOCABULARY REVIEW: September 28 - October 1
(Students may participate in one week of review or both weeks.)
Sudie A. Fulford Community Learning Center at East Georgia State College
(at main entrance to college on Lambs Bridge Road)
4:00 p.m. until 6:00 p.m.
$10/session or $15 for both sessions
Materials Provided: Test Review Notebook and Sample Test Sections
Deadline to Register: September 18
SEE YOUR SCHOOL COUNSELOR TO REGISTER OR CONTACT THE FULFORD CENTER AT (478)289-2464
HIGHER SAT SCORES – BETTER COLLEGE CHOICES!

TIME TO GET READY FOR THE SAT!

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FULFORD CENTER RECOGNIZED AT STATE CONFERENCE

At its recent state conference, the Georgia Extension Association of Family and Consumer Sciences awarded the Friends of Extension award to the Fulford Center. The award recognizes outstanding support and involvement in Extension efforts. Since it opened in 2010, the Fulford Center has collaborated with the local UGA Extension office, and Agent Marnie Dekle on a variety of projects including ServSafe Training, Certified Babysitter Training, Certified Teen Leader Training, Fulford Youth Leadership Academy, Camp Adventure, 4-H Cotton Boll Training, UGA Farm Bill Training, and numerous Lunch and Learn events.

The conference was held at the beautiful Coastal Georgia Botanical Gardens in Savannah. Thank you GEAFCS for this very special recognition. We look forward to many more collaborative efforts in the future!

Regional Garden Club Workshop Held

Close to sixty Garden Club members from the Georgia Oleander District met at the Center in August for a District Awards Workshop. State Awards Chair, Jackie Fulmer and Deep South Awards Chair, Lou Ann Bleakley, conducted the workshop. Local Giant and Seedling Garden Club members hosted the event.

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