**Program Name:** East Georgia State College  
**Dates of Program:** May 11-18, 2020  
**Total # of Participants:** 13 pax (10 students + 3 faculty)

### DETAILED ITINERARY

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 11, 2020</td>
<td>11:58am</td>
<td>Arrival to San Jose airport Flight _____ # _____ arrival _____</td>
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<tr>
<td></td>
<td>1:00pm</td>
<td>Transport from Airport to CIEE San Luis Campus <em>(Note: Groups wants Alexandre Jimenes)</em></td>
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<tr>
<td></td>
<td>5:00pm</td>
<td>Arrive at CIEE and check in to rooms</td>
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<td></td>
<td>6:00pm</td>
<td>Dinner at CIEE</td>
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<td></td>
<td>7:00pm</td>
<td><strong>Orientation Talk</strong> - General introduction to Costa Rica, San Luis and the CIEE campus.</td>
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<td>Night at CIEE</td>
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<tr>
<td>May 12, 2020</td>
<td>6:30am</td>
<td><strong>Birdwatching tour</strong> - (meet with naturalist at front porch) - Observe the birds of San Luis in their habitat, and learn their natural history and behavior.</td>
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<td>7:30am</td>
<td>Breakfast at CIEE</td>
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<td>8:30am</td>
<td><strong>Guided Natural History Hike</strong> - Discover the natural history of the area with one of our trained naturalist guides. Allow approx. 2 hours</td>
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<td></td>
<td>12:00pm</td>
<td>Lunch at CIEE</td>
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<td></td>
<td>2:00pm</td>
<td><strong>Sustainability Tour</strong> - Tour focused on specific aspects of sustainability. Allow approx. 2 hours</td>
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<td></td>
<td>6:00pm</td>
<td>Dinner at CIEE</td>
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<td></td>
<td></td>
<td>Night at CIEE</td>
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<tr>
<td>May 13, 2020</td>
<td>7:00am</td>
<td>Early Breakfast + Packed lunches</td>
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<tr>
<td></td>
<td>7:30am</td>
<td>Transport to Selvatura</td>
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<td></td>
<td>8:30am</td>
<td><strong>Selvatura Ziplines</strong> - Fly through the forest canopy on a zipline adventure!</td>
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<td>12:00pm</td>
<td>Picnic lunch in Santa Elena</td>
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<td></td>
<td>3:00pm</td>
<td><strong>Botanical Plant Garden Tour</strong> - Explore our gardens and forest trails. Learn about our reforestation project; common edible crops; and native plants. Allow 1-2 hours</td>
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<td></td>
<td>6:00pm</td>
<td>Dinner at CIEE</td>
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## May 14, 2020

### Thursday
- **6:30am** Cow Milking & Biodigester Tour (meet with Naturalist at reception) - Try your hand at milking our cows … then enjoy the milk in your coffee at breakfast! Learn about how our pigs are raised, and how animal waste is converted to cooking fuel in our biodigester.
- **7:30am** Breakfast at CIEE
- **8:30am** Gilberth Lobo Coffee Farm tour
- **12:00pm** Lunch at CIEE
- **3:00pm** Cooking Class - Prepare Costa Rican specialties in the home of a local family. You’ll learn a typical recipe, while meeting some of our neighbors here in San Luis and getting a unique glimpse into their home and daily life. Allow 2 to 3 hours.
- **6:00pm** Dinner at CIEE
- **7:00pm** Dance Class - Learn the essentials of Latin dance, including meringue, cumbia, and salsa! Allow 1.5 hours.

## May 15, 2020

### Friday
- **7:30am** Brakfast at CIEE
- **8:30am** Transport from CIEE to Manuel Antonio
- Lunch at Manuel Antonio
- Dinner Manuel Antonio
- Night at Mono Azul

## May 16, 2020

### Saturday
- Brakfast at Mono Azul
- Free morning
- Lunch at Manuel Antonio
- Free afternoon
- Dinner Manuel Antonio
- Night at Mono Azul

## May 17, 2020

### Sunday
- Brakfast at Mono Azul
- 8:00am Transfer from Manuel Antonio to San Jose
- Lunch on own the way to San Jose
- Afternoon arrival at Hotel Cacts
- Dinner in San Jose
- Hotel Cacts

## May 18, 2020

### Monday
- 4:30am Taxi to airport - Arrange with the hotel the night before to have a taxi there at 4:30am. Pay direct
- 7:30am Flight Back Home!