

AARP DRIVER SAFETY COURSE SCHEDULED



An AARP Driver Safety Course will be offered Monday, August 20, at the Center at East Georgia State College. Founded in 1979, AARP Driver Safety has helped millions of drivers stay safe on the roads.

The course will be held from 9:00 a.m. until 3:00 p.m. AARP Driver Safety instructor, Marcia Parkerson, will teach defensive driving techniques and strategies, traffic laws, and rules of the road. There are no written exams or driving tests.

Upon completion of the course, participants will receive a certificate of completion which, when presented to auto insurance carriers, often results in a reduction in automobile insurance premiums. Participants should contact their insurance agent for more details.

The course costs \$15 for AARP members and \$20 for non-members. Registration is required, and course participation is limited to 25. The deadline to register is August 13. To register for the course, call the Center at 289-2464.

WELLNESS SERIES CONTINUES SEPTEMBER 11

Our September session will be provided by East Georgia Health Care, and the topic to be addressed is *Detect. Protect. Correct. Managing High Blood Pressure.*

High blood pressure is often referred to as the silent killer, seldom having any symptoms. In the United States, approximately 85 million people have high blood pressure - about 1 in every 3 adults over 20, according to the American Heart Association. Participants will gain a better understanding of high blood pressure, learn about its symptoms, and learn how to monitor their pressures.

The series is FREE and is made possible through a partnership with UGA Extension, Emanuel Medical Center, Queensborough National Bank and Trust, East Georgia Healthcare Center, East Georgia State College, and Sweet Tea Grille at the Mill. The session will begin at noon. Lunch, a presentation, and door prizes will be provided.

Enrollment is limited to 20, and registration is required. If you have questions or would like to register, please give us a call at 289-2464. We hope to see you September 11!



Come
Join Us

SUDIE A. FULFORD COMMUNITY LEARNING CENTER



FULFORD CENTER STAFF

Jean Schwabe, Director
Erin Youmans, Magnolia Midlands
GYSTC Coordinator
Darlene Jordan, MMGYSTC
Teacher Assistant

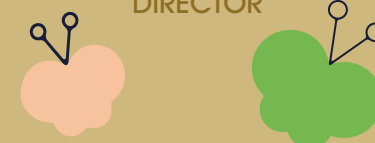
Phone: 478.289.2464
Fax: 478.289.2465
Email: jdschwabe@ega.edu
Normal Hours of Operation
Monday - Friday: 8 a.m. - 5 p.m.
Other times by appointment



AUGUST
2018



JEAN D. SCHWABE,
DIRECTOR

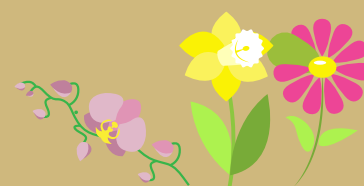


OUR MISSION

By providing an environment where learning opportunities take place and community relationships are enriched, the Sudie A. Fulford Community Learning Center will develop individual capacity and improve the quality of life for Swainsboro and Emanuel County.

OUR GOALS

Education
Civic Engagement
Hospitality



MESSAGE FROM THE DIRECTOR

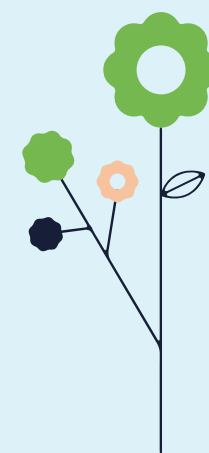
The Fulford Center has been bustling this summer! Through our seven summer camps, we engaged over 200 young people in a variety of exciting and challenging activities. Campers explored the frontiers of 21st century science and technology, sharpened their chess skills, learned about famous artists and created some amazing works of art. At Camp Invention, campers explored the technology behind transportation and designed the ultimate futuristic vehicle, customized their own robotic dog, and designed a futuristic smart home filled with gadgets, LEDs, technology and innovation. My sincere thanks to all the campers, instructors, volunteers, and parents for a truly amazing summer. We really hate to see the summer come to an end!

The Fulford Center is dedicated to providing an environment where learning opportunities take place and community relationships are enriched. We hope you'll join us for an upcoming event!

UPCOMING EVENTS

- August 1, 2, 3---Real Colors™ Training
- August 2---Cooking for a Lifetime Follow-Up
- August 14---Southeast FACS Meeting
- August 20---AARP Driver Safety Training
- August 23---Emanuel County Family Connection Meeting
- August 24---Emanuel County Veterans Center Job Fair
- August 27 & 28---Georgia EMS Association Training

UPCOMING
EVENTS



FULFORD CAMPS = AMAZING SUMMER!

